

**JULY 17, 2016**

*Scripture Reflection*

Some preachers have given Martha a bad rap. She is portrayed as the complainer and Mary as the good sister who honors Jesus by sitting and listening to him. Other commentators say that when Luke wrote his Gospel for the early Church he was responding to their search for the meaning of discipleship. Was it found in service or in contemplation?

Martha was made for our time: busy with many things, seeking to be recognized and also, it must be said, trying to do her best. We meet her in Luke's Gospel when Jesus comes to visit the two sisters, Mary and Martha, in their home. Mary sat at Jesus' feet and "listened to his word," while Martha was busy with "much service." Jesus does not take up Martha's cause, instead he challenges Martha by pointing out that she is "worried" and "distracted" by her service. Jesus says that only "one thing is necessary" and that Mary has chosen the "better portion."

Martha is by no means a negative figure, as hospitality is an essential gift to others, but she is a slightly harried figure. Jesus says that "one thing is necessary," and this is to find Christ in our midst and to be with him, as Mary was. How will we find Christ in our midst if we do not slow down? We all have the potential to be Mary, but our age, for all of its great gifts makes it hard to be the one who quiets down and listens.

The evangelist is telling us that there are two elements in ministry: to listen attentively and to act lovingly. Like Mary we listen to the teaching of the Lord; like Martha we also serve. The true disciple is the one who can serve without forgetting to listen, and who can listen without forgetting to serve.

- **Do you identify with Mary or Martha? Meditate on your own worry and distractions. What pulls you away from being present with Jesus? Does your service to others lead you closer to the Lord?**

**Sunday Obligation to Participate at Mass**

Summer time is meant to be full of fun and a time to take vacations. There are Catholic churches throughout the country who offer weekly Sunday Mass. When traveling over the weekend, be sure to check out [www.Masstimes.org](http://www.Masstimes.org) to find Catholic churches in the area that you will be visiting. It is always interesting to participate at Mass at another place than your home parish. Make sure you get to Mass!

**YEAR OF MERCY SUMMER ROAD TRIPS**  
 Spend a afternoon as a "pilgrim" visiting churches founded by our own saint-in-progress, Servant of God, Reverend Demetrius Gallitzin, celebrating their 200th Anniversaries. Plan to take a drive to Holy Name, Ebensburg; St. Patrick, Newry and St. Thomas the Apostle, Bedford, our diocesan designated sites for the **Holy Doors of the Jubilee of Mercy**. Prayer times have been scheduled at all three churches On **July 24, August 14 and August 28**. Prayers will be led in half hour intervals beginning at 1:30 PM and closing with prayer at 4:00 PM at each site. A Plenary Indulgence is available; see pamphlets provided when you visit. (Please note: St. Thomas the Apostle, Bedford will not be receiving pilgrims on July 24)

**HOLY TRINITY CATHOLIC SCHOOL FOOTBALL EXTRAVAGANZA**

Holy Trinity Catholic School is selling tickets for the NFL Football Extravaganza. The cost of the ticket is \$20. Each week of the regular NFL season, tickets will be assigned a combination of three NFL teams. The final score for each team is then added up and the ticket with the highest score wins \$500, 2nd highest \$250, 3rd highest \$100, and the lowest score \$50. Ticket scores are also cumulatively tracked for the entire season with the highest scoring ticket receiving \$3,000, 2nd highest \$2,000, 3rd highest \$1,000 and the lowest score \$500. If a team does not play, for any reason, the score for the last game played will be used for the week the team does not play. All ties split the prize money. Results will be posted on Facebook under the title Holy Trinity Catholic School Altoona PA or at ([holytrinitycatholic.school](http://holytrinitycatholic.school)). To purchase these tickets please contact in the morning, Monday through Thursday, Holy Trinity Catholic Middle School Campus at 942-7835 or Holy Trinity Catholic School Altoona Campus at 381-7011.

**THE CHURCH OF ALTOONA-JOHNSTOWN  
THE CATHEDRAL  
OF THE  
BLESSED SACRAMENT**

**ONE CATHEDRAL SQUARE, Altoona, Pennsylvania 16601-3315  
Church Office: 814-944-4603**

**CHRISTIAN INITIATION OF ADULTS:**

The process of formation for those seeking God through membership in the Catholic Christian community.

**INFANT BAPTISM:**

Arrange in advance for pre-baptismal instructions.

**CONFIRMATION:**

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

**RECONCILIATION:**

Wednesday: 7:00 PM, Saturday: 12:30 PM.  
Communal Penance Services: Advent and Lent.

**ANOINTING OF THE SICK:**

Communal celebration Easter Season.

**MARRIAGE:**

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

**DEVOTIONS:**

Novena of the Miraculous Medal - Monday 7:45 AM.  
Rosary - Wednesday 6:00 PM.  
Charismatic Prayer - Monday 7:00 PM.  
Evening Prayer within Eucharistic Exposition -Advent and Christmas, Lent and Easter Seasons - Sunday 6:30 PM.  
Eucharistic Day - Feast of the Body and Blood of Christ.

**RELIGIOUS EDUCATION PROGRAM:**

September through April: Pre-Kindergarten thru 12.  
Sunday morning 8:30 AM - 9:45 AM  
Pre-Kindergarten thru 8.  
Sunday evening 6:15 PM - 8:30 PM  
Grades 9 thru 12.

**WEB: WWW.ALTOONACATHEDRAL.ORG**

**FAX: 814-942-4337**

**E-MAIL: [ALTCATHEDRAL@DIOCESEAJ.ORG](mailto:ALTCATHEDRAL@DIOCESEAJ.ORG)**

**EUCCHARIST:**

<b>Sunday:</b>	5:00 PM (Vigil) 8:00 AM 10:00 AM 12:00 Noon 5:00 PM	<b>Holyday:</b>	5:30 PM (Vigil) 8:00 AM 12:00 Noon 5:30 PM	<b>Weekday:</b>	6:45 AM 8:00 AM 12:00 Noon
				<b>Saturday:</b>	8:00 AM 12:00 Noon

**Most Reverend Mark L. Bartchak, Bishop**

**Reverend Monsignor Robert C. Mazur, Rector**

**Reverend Father Dennis M. Kurdziel, Parochial Vicar**

**CHRISTIAN INITIATION TEAM - 944-4603**

**CATHOLICS RETURNING HOME - 944-4603**

**ALTOONA CENTRAL CATHOLIC SCHOOL**  
Web: [www.altoonacentralcatholic.com](http://www.altoonacentralcatholic.com)  
Elementary - Pre-K thru Grade 5 - 381-7011

**BISHOP GULFOYLE CATHOLIC HIGH SCHOOL**  
Web: [www.bishopguilfoyle.org](http://www.bishopguilfoyle.org) - 944-4014

**DIRECTORS OF RELIGIOUS EDUCATION**  
Chris Laraia - Pre-K thru 8 - 312-7317  
Jean Koury - 9 thru 12 - 949-2777  
Religious Education Office: Sundays - 943-7424

**MUSIC MINISTRY**  
Nina M. Tedeschi  
Choir Director and Head Organist - 944-2044  
Kevin J. Luke - E-mail: [kluke@dioceseaj.org](mailto:kluke@dioceseaj.org)  
Administrative Duties and Organist - 944-2044

**SERVING THE PEOPLE OF GOD IN THE CITY OF ALTOONA SINCE 1851**

**SIXTEENTH SUNDAY IN ORDINARY TIME**

**JULY 17, 2016**

Readings: Gn 18:1-10; Col 1:24-28; Lk 10:38-42

**MASS INTENTIONS**

July 18, Monday: Saint Camillus de Lellis, Priest

Readings: Mi 6:1-4,6-8; Mt 12:38-42

- 6:45 AM Bill Crouse (Gretchen Packard)
- 8:00 AM Mary Ann Allen, Birth. (Mother, Patty Swope)
- 12:00 PM Joseph Peturnyak, Anniversary (Family)

July 19, Tuesday: Weekday

Readings: Mi 7:14-15,18-20; Mt 12:46-50

- 6:45 AM Eleanor Toth (Ann Savine)
- 8:00 AM Judy Gray, Birthday (Family)
- 12:00 PM Dick McEldowney (McNelis All-Stars)

July 20, Wednesday: Saint Apollinaris, Bishop, Martyr

Readings: Jer 1:1,4-10; Mt 13:1-9

- 6:45 AM Nozzie, Jennie, Sandy Calabrese (Family)
- 8:00 AM Pat Rabine (Peggy McLucas Family)
- 12:00 PM M. Virginia Jones (Lucy Summers)

July 21, Thursday: Saint Lawrence of Brindisi, Priest

Readings: Jer 2:1-3,7-8,12-13; Mt 13:10-17

- 6:45 AM Prayers and Thanksgiving (Grove Family)
- 8:00 AM Dick Cowan (Wife, Skip)
- 12:00 PM Ruby Doyle (John and Barbara Fischer)

July 22, Friday: Saint Mary Magdalene

Readings: Jer 3:14-17; Jn 20:1-2,11-18

- 6:45 AM George Dean Barry (Nikki Snyder)
- 8:00 AM Jerry Smith (Kay and Denny Anderson)
- 12:00 PM Danyll Rougeux (Cathedral Parish)

July 23, Saturday: Saint Bridget, Religious

Readings: Jer 7:1-11; Mt 13:24-30

- 8:00 AM Joseph Colombo (Brian and Teresa Stayer)
- 12:00 PM Herbert J. Kutruff (Ann Plutko)
- Vigil: Seventeenth Sunday In Ordinary Time

Readings: Gn 18:20-32; Col 2:12-14; Lk 11:1-13

- 5:00 PM Carol Pettet (Frances Pagliaro)

**Please remember our sick in your prayers.**

**Catholics Returning Home**

Have you thought about coming home to the Catholic Church? Call the Parish Office at 944-4603 for information on the date and time of the next *Catholics Returning Home* informal listening session

**Charismatic Prayer** - The Charismatic Prayer Group will not meet this Monday but will meet again on July 25th for Praise and Worship. All are welcome!

**Christian Initiation**

Are you interested in the Catholic Church? Do you know someone who might be interested in seeking information about our Catholic faith? Beginning in September, the Cathedral Christian Initiation Team will hold Sunday morning *Inquiry Sessions* in the Seton Suite with all those seeking information on the Catholic Church. No commitments are made at this time. Please call the Parish Office at 944-4603 with any questions or to register; walk-ins are welcome. If you attend Mass with a friend or relative, bring them along. The Rite of Christian Initiation of Adults is also for those baptized Catholics who have not been connected to the Church or who have not received the sacraments of Reconciliation, Eucharist or Confirmation.

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**ANNUAL SUMMER RAFFLE - CATHEDRAL**  
 The Annual Cathedral Summer Raffle tickets will be available soon! There will be twenty cash prizes: (1) \$2,000.00; (2) \$1,000.00 (3) \$500.00; (4) \$250.00; (5) \$100.00; (6) \$100.00; (7) \$100.00; (8) \$100.00; (9) \$100.00; (10) \$100.00; (11) \$50.00; (12) \$50.00; (13) \$50.00; (14) \$50.00; (15) \$50.00; (16) \$50.00; (17) \$25.00; (18) \$25.00; (19) \$25.00; (20) \$25.00.  
**One ticket will cost \$5.00. Each family is asked to purchase four tickets.** The drawing will be **Sunday, October 7, 2016**, after the 10:00 AM Mass on the Cathedral Portico.  
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**LITURGICAL MINISTERS PLEASE NOTE:**

A new liturgical ministry schedule is being prepared for August 6-7 through September 10-11. Due to vacation schedule, it will be necessary to have all unavailable dates or changes in status by Monday, July 18. Please email your requests to [scronin@dioceseaj.org](mailto:scronin@dioceseaj.org) or drop a note at the Parish Office. Schedules will be mailed on Wednesday, July 20. If your availability will change when summer ends and school begins please provide that information also, and remember to provide your email address if you would like to receive assignment reminders. Thank You.

**Plan ahead** The Diocese of Altoona-Johnstown is planning a **Pilgrimage to the National Shrine** of the Immaculate Conception in Washington, D.C. on **November 12, 2016**. Cathedral Parish will be sharing a bus with other parishes. Check your schedules and keep the date clear!

*Stewardship Reflection*

**16th Sunday in Ordinary Time**

Martha was too busy to recognize the importance of Jesus' presence. Mary was a good steward of her time, choosing to pause and listen to Him. Without spiritual nourishment our lives become unbalanced.

**Annual Wedding Anniversary Liturgies**

Bishop Mark and the Family Life Office of the Diocese of Altoona-Johnstown invite couples marking their 1st, 5th, 10th, 25th, 40th 50th, 55th and 60th+ wedding anniversary in 2016 (and their families) to attend the **Annual Wedding Anniversary Liturgy**. Couples may attend **Sunday, September 11th** at the **Cathedral of the Blessed Sacrament** in Altoona or Sunday, September 18th at Saint John Gualbert Cathedral, in Johnstown. Liturgies in each location begin at 2:00 PM. Punch and cookies will be available after the Mass for anniversary couples and their families. **Please Note: Reservations must be made through your Parish for either celebration by Tuesday, August 23.**

**Baptism Congratulations!**

Misha Alexandria Pensyl was baptized and welcomed into our Cathedral Parish Family on Sunday, July 10. Congratulations to parents, Eric Pensyl and Samantha Paule. May the graces of the Sacrament of Baptism strengthen both our children and the adults who care for them.

**Next Session of Baptismal Preparation**

**Monday, August 8** at **7:00 PM** in the Seton Suite. Attendance at Baptismal Prep is required before a baptism is scheduled at Cathedral Parish. You don't need to wait until after your child is born to attend class. Godparents are encouraged to attend also. Classes are offered every other month. Call the Parish Office at 944-4603 to register. Our next session is scheduled for Monday, October 10.

**OFFERTORY COLLECTION**

**Sunday, July 10, 2016 - \$7,626.50**

**Stewardship of Time**

Help is needed on Thursday morning, July 21, to prepare a parish mailing. If you are available to help, please drop by the Seton Suite between 9:00 AM and 11:00 AM. Thank you.

**Appreciation for Time and Talent**

Thank you to all who helped clean up our property above the parking lot on the other side of the alley. The Parish was issued a violation of city ordinances. The Cathedral property consists of over six lots. Weeds were removed; saplings cut down; grass cut; and garbage removed. We are grateful to those who came forward to help: Bill Anthony, Jennifer, Olivia, Colin and Holly Butler; Dominic Cacciotti, Dwight Drexler, Fred Drexler, Pat Duffy, John Fischer, and Quality Services. To those who enjoy working outside, this is a great project for you individually and for your family, children included. The three seasons of spring, summer and fall are the times needed to be sure our properties abide by city ordinances, and to have it looking clean and beautiful. Students are always looking for service hours, and it is good for families to take on projects together. If interested, call the Parish Office at 944-4603. We are grateful to all for the recent beautification of this property.

**UPMC Pastoral Care - Weekend Help Needed**

The Pastoral Care Department at UPMC Altoona is in need of several Extraordinary Ministers of Holy Communion to serve on weekends. Times are flexible. Those who are interested may contact Tony Conrad, Director of Pastoral Care, at 814-889-4323.

**Liturgical Reflection ...**

**JUBILEE**

**YEAR OF**

**MERCY**

Mary sits at the feet of Jesus and listens; Martha is in the kitchen preparing the meal. What does hospitality require? When we invite someone to dinner, we need to provide food and drink and be present to our guest, attentive to her or his needs. The combination of Martha and Mary's gifts does just that. We all must recognize our own gifts. We all must appreciate one another for who we are in the eyes of God. Sometimes this comes easily. Other times it is difficult to acknowledge the gifts of another. This is where mercy is very important. May we be graced with mercy to accept and celebrate the gifts of others along with our own gifts.

2016, Diocese of Altoona-Johnstown, Liturgy Office, 925 South Logan Boulevard, Hollidaysburg, Pennsylvania 16648.