

**FOURTEENTH SUNDAY IN ORDINARY
TIME
July 7, 2024
Mass Intentions**

July 7, Fourteenth Sunday in Ordinary Time
8:00AM+Barry Krug (Tammy & Bob Datriis)
10:00AM+Carol Kepner, Ann. (Cheryl Kepner)
5:00PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church 11:30AM

July 8, Monday, Weekday
12:00PM+John Kirsch, Birthday (Marlene Kirsch and Family)

July 9, Tuesday, Saint Augustine Zhao Rong, Priest and Companions, Martyrs
12:00PM+Donnie Rabine (Audrey Breslin)

July 10, Wednesday, Weekday
12:00PM+Charles and Florence George (Son, Adam)

July 11, Thursday, Saint Benedict, Abbot
12:00PM+Souls in Purgatory (Anonymous)

July 12, Friday, Weekday
12:00PM+Diane Johnston (Family)

July 13, Saturday, Saint Henry
12:00PM+Libby Shea Allen (Terry Dodson)
Vigil: Fifteenth Sunday in Ordinary Time
5:00PM+Marti Stefanon (Jim & Steph Kilcoyne)

July 14, Fifteenth Sunday in Ordinary Time
8:00AM Living and Deceased Members of the Michael and Ida Seymore (Family)
10:00AM+Denis Burns (Dave and Maureen Hanekamp)
5:00PM Pro Popolo/For the People
Mass at Our Lady of Fatima Church 11:30AM



The 2024 Catholic Ministries Drive has begun. Our sacrificial gifts of prayer and treasure will make an immediate and lasting impact on our ministries that focus on evangelization, serving those in need, and the formation of priests and deacons. This year, our campaign's theme is Encountering Christ. During this time of the Eucharistic Revival, Encountering Christ is an invitation to grow in our living relationship with Christ in the Eucharist. Our diocese's ministries needs our support. Our parish's target is \$45,930. All contributions beyond our parish goal will remain for use within our parish. **\$48,745. has been pledged. (The pledge balance is \$4,025.)** If all pledges are paid, we will have reached 106% of our target. Thank you.

**WEEKLY READINGS AND OBSERVANCES -
ENGAGE PARISHIONERS IN DAILY MASS
AND PRAYER**

Sunday: Ez 2:2-5/Ps 123:1-2, 2, 3-4 (2cd)/2 Cor 12:7-10/Mk 6:1-6a

Monday: Hos 2:16, 17c-18, 21-22/Ps 145:2-3, 4-5, 6-7, 8-9/Mt 9:18-26

Tuesday: Hos 8:4-7, 11-13/Ps 115:3-4, 5-6, 7ab-8, 9-10/Mt 9:32-38

Wednesday: Hos 10:1-3, 7-8, 12/Ps 105:2-3, 4-5, 6-7/Mt 10:1-7

Thursday: Hos 11:1-4, 8e-9/Ps 80:2ac and 3b, 15-16/Mt 10:7-15

Friday: Hos 14:2-10/Ps 51:3-4, 8-9, 12-13, 14 and 17/Mt 10:16-23

Saturday: Is 6:1-8/Ps 93:1ab, 1cd-2, 5/Mt 10:24-33

Next Sunday: Am 7:12-15/Ps 85:9-10, 11-12, 13-14 (8)/Eph 1:3-14 or 1:3-10/Mk 6:7-1

Sisters of Charity Nazareth Collection

Have been invited to the Cathedral of the Blessed Sacrament as part of the annual Mission and Cooperation Plan 2024. Sister Sarah Geier, SCN will speak at all Masses the weekend of July 20-21, 2024. The Sisters of Charity of Nazareth were founded in Bardtown, Kentucky in 1812. Through their ministries of healthcare, education and social service, SCN's carry the message of Christ's love to those who most need help throughout the world. The Sisters will share stories about their ministries here in the United States as well as in their foreign missions and invite us to be part of their ongoing commitment by participating through our prayers and financial help. A special collection will be taken up for their mission. We know that, as always, you will be as generous as you can.

OFFERTORY COLLECTION

Sunday, June 30, 2024 \$ 9,757.59

Thank you for your financial and spiritual support.

Inquiry Sessions of Christian Initiation of Adults

Are you interested in the Catholic Church? Do you know someone who might be interested in seeking information about our Catholic faith? The Cathedral Christian Initiation Team will begin weekly meetings in the Church from 11:00 AM until 12:00 Noon (after the 10:00 Mass) for all those seeking information on the Catholic Church. No commitments are made at this time. These are informal Inquiry Sessions to discuss aspects of our faith with anyone who might be thinking of joining the Catholic Church. All are welcome; bring a friend. If you are interested in joining or would like more information, please contact Carol Galioto at (814) 327-4841.

**Basilica of Saint Michael's the Archangel Parish
Family in Loretto**

On behalf of the Basilica of Saint Michael the Archangel Parish Family in Loretto, all the faithful of the Altoona-Johnstown Diocese are invited to outdoor Masses every Sunday evening at 7 PM at the Shrine of Our Lady of the Alleghenies concluding on Sunday, September 1. Please bring a lawn chair. In the event of inclement weather, the Mass will be celebrated in the Basilica of Saint Michael the Archangel.

Special Masses this Summer:

July 21 Mass for Married Couples

August 4 Mass for Young People – Return to College, Work, Military

The historic **Prince Gallitzin Chapel House**, next to the Our Lady of the Alleghenies Shrine, will be open on the following Sunday afternoons from **3:00 – 6:00 PM** for self-guided tours, pilgrimages and visits:

July 21, August 4 and 18



Stewardship Reflections

Our readings today portray three figures that experienced challenges, Ezekiel, St. Paul and Jesus. It is a reminder for us that, even in our weakest and toughest moments, God has a plan.

As Christian stewards, we are not always accepted. It might be because of what we believe in, the principles we stand for, how we spend our time and money, what we choose to participate in or not, or even how we raise our families.

Today, as we hear about these three figures in the Scriptures, let us reflect on our lives. Recall that God loves us more than we could ever imagine. There is not a moment that goes by that He does not have us in mind. He has a specific plan for our lives. Therefore, may we encounter life's challenges, our weaknesses and moments of feeling unwanted with confidence in Christ.



Our parish, along with other Altoona parishes, will be collecting cereal on the weekend of July 20-21 to benefit the hungry children in the Altoona area. Please place your donations in the boxes that will be available at our entrances. While children may be eligible for free lunches at school, a large number arrive in the morning without breakfast. The cereal goes to the St. Vincent DePaul Food Pantry.



Our parish has the entire exhibit of Eucharistic miracles prepared by Blessed Carlo Acutis (1999-2006). Portions of the exhibit will be displayed in the side chapels of the cathedral. You are encouraged to deepen your appreciation of the Eucharist by reading about the extraordinary ways the Lord has revealed Himself in the gift of the Blessed Sacrament.

Currently, the display includes miracles that took place in Spain, Italy, Belgium, Egypt, France, and Martinique.

GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

July 7, 2024

14th Sunday in Ordinary Time

Recently I watched a bunch of YouTube videos on how to optimize willpower in the face of weakness. The message was: do not accept your weakness. Crush it. Dominate it. In one video, however, at the end of a rant by a willpower coach, the muscular stoic admitted, "You'll never actually get what you want, no matter how hard you try." Amazingly, he admitted that willpower alone is not sufficient for us weak-willed humans.

What does God want us to do with our weaknesses, if crushing them with willpower won't work? For example, what should I do with my tendency to arrogance and self-isolation? Or my procrastination? Or my intellectual and physical limitations? Or my selfishness?

The counter-intuitive answer is clear in this week's words from St Paul, "I will rather boast most gladly of my weaknesses in order that the power of Christ may dwell in me (2 Cor. 12:9)." Boast of our weaknesses? Paul isn't promoting weak-mindedness or laziness. Rather, he perceives that Jesus loves us not despite our weaknesses but because of them. Boasting of our weakness means claiming human will is not all we have. It means turning to God whenever we feel weak, which—let's face it—is almost all the time. When we do, we learn to love our weaknesses, because it's there that we meet the strength of Christ. This week, I challenge us to find ways to boast not in willpower but in weakness. Father John Muir ©LPi

**JESUS NEEDS YOU,
DON'T SAY NO!**
*Vocations Are
Everybody's Business*



Basket Bingo Coming Soon

It's that time of the year again, to start thinking about having fun. Our Basket Bingo will take place on Sunday, September 29, 2024 at the Father Kelly Hall, 5th Street and 25th Avenue. We are now taking donation, new items, gift cards, and monetary gifts. If you have any questions please call The Parish Office 814-944-4603, Lorraine Beck 1-240-676-6704, or Paula Clemens 814-215-5949.

Christian Mothers Announcements

There will be an upcoming Christian Mothers' Meeting on Wednesday, July 10th with Rosary at 6:00PM and meeting at 6:30PM. The meeting will be held in the Education Center (lower level of parish office). All women of the parish are invited to attend these meetings. Contact Carol Galioto at (814)327-4841 for more information.



Pro- Life Rosary- Thursdays

As Catholics, we proclaim that human life is a precious gift from God and that we who receive this gift have responsibilities toward God, self, and others. Society, through its laws and social institutions, must protect and nurture human life at every stage of its existence. The USCCB Committee on Pro-Life is inviting Catholics to join a focused effort of prayer for the end of abortion and for the protection of women and pre-born children.

Starting on Thursday, July 11th, after the Noon Mass, members of the Christian Mothers invite you to join them on Thursdays to recite the Pro-Life Rosary. We will meet in front of the Blessed Mother Chapel. Come join your prayers with us as we pray for protection of all of God's children.

The Church of Altoona-Johnstown
**THE CATHEDRAL
OF THE
BLESSED SACRAMENT**

ONE CATHEDRAL SQUARE, Altoona, Pennsylvania 16601-3315

Church Office: 814-944-4603

THE FOURTEENTH SUNDAY IN ORDINARY TIME - JULY 7, 2024

CHRISTIAN INITIATION OF ADULTS:

The process of formation for those seeking God through membership in the Catholic Christian community.

INFANT BAPTISM:

Arrange in advance for pre-baptismal instructions.

CONFIRMATION:

Ninth, tenth and eleventh grade students are invited to participate in the Confirmation Preparation Process.

RECONCILIATION:

Wednesday: 7:00 PM, Saturday: 12:30 PM.

By appointment, by texting or calling 814-937-8240 Communal Penance Services: Advent and Lent.

ANOINTING OF THE SICK:

Upon Request and Communal celebration

MARRIAGE:

Arrange nine months in advance. Couples expected to participate in pre-marriage preparation program.

DEVOTIONS:

Eucharistic Adoration - Normally, the First

Wednesday 12:30 PM - 6:45 PM

Eucharistic Day - Feast of the Body and Blood of Christ.

RELIGIOUS EDUCATION PROGRAM:

September through April: Pre-Kindergarten thru 12. Sunday morning 8:30 AM - 9:45 AM Pre-Kindergarten thru 8.

Church Office: 814-944-4603

E-MAIL: altcathedral@dioceseaj.org

Fax: 814-942-4337

WEB

www.altoonacathedral.org



Facebook

www.facebook.com/cathedralofaltoona



Mass Times

Sunday:	Weekday:
5:00 PM (Vigil)	12:00 Noon
8:00 AM	
10:00 AM	Saturday:
5:00 PM	12:00 Noon

Serving the People of God in the City of Altoona Since 1851

Most Reverend Mark L. Bartchak, J.C.D., Bishop

Reverend Monsignor Stanley Carson, Administrator

Paula Clemens, Parish Secretary

DIRECTOR OF RELIGIOUS EDUCATION

Chris Laraia - Pre-K thru 12 - 814-312-7317

Religious Education Office: Sundays - 814-943-7424

E-mail: claraia@dioceseaj.org

DIRECTOR OF MUSIC MINISTRY

Leslie C. Thayer, MM, CAGO

Music Ministry Office - 814-944-2044

E-mail: lthayer@dioceseaj.org

CHRISTIAN INITIATION TEAM - 814-944-4603

CATHOLICS RETURNING HOME - 814-944-4603

**MAIL MINISTRY TO ELDERLY, HOMEBOUND,
SERIOUSLY SICK, AND GRIEVING - 814-944-4603**

BISHOP GUILFOYLE ACADEMY

Web: www.bishopguilfoyle.org - 814-944-4014

Eldorado Campus (Pre-K thru Grade 5) - 814-942-7835

Fairview Campus (Pre-K thru Grade 5) - 814-381-7011